

National Association of Letter Carriers



Dwight Palser Branch #324

P.O. Box 324
Greeley, Colorado 80632

Date: **March 5th, 2026**
Subject: **Modified No-Lunch Policy**

Effective March 5th, 2026, City Letter Carriers, Part-time Flexibles & City Carrier Assistants will be afforded the opportunity for a 'no lunch' under the following conditions:

- (1) The employee must submit a PS Form 3971 or PS Form 3189 for approval to the supervisor in the morning. (Don't just throw it on the supervisor's desk.) If something changes during the day and it appears they may want to take a 'no lunch', the carrier must contact the supervisor during the day for approval and complete either a PS Form 3971 or PS Form 3189 upon return to the office. A request for a 'no lunch' will be evaluated on a daily basis and by a carrier putting in for a 'no lunch' doesn't automatically mean it will be approved by management. Denied 'no lunch' requests must be specific on why it is being denied by management.
- (2) The employee can be in an overtime status to take a 'no lunch' if it is the employee's non-scheduled day.
- (3) The employee shall still be offered the opportunity for a 'no-lunch' if the employee has scheduled annual leave or scheduled sick leave.
- (4) The employee shall still be offered the opportunity for a 'no lunch' if they have to give mail away to another carrier due to unforeseen circumstances and/or reasons beyond their control. (i.e., Late truck from the plant, late parcels, weather, etc.)


Amanda Snyder, Greeley Postmaster


Richard Byrne, NALC 324 Branch President

